

Breakfast Sammies

Johnny Buck- tomato, bacon, mayo, melted provolone on open faced bagel \$4.99

Blue Crab Bagel- blue crab spread, tomato, bacon, melted provolone on open faced bagel \$7.99

Lox Stock & Toasted Bagel- smoked salmon, cream cheese, tomato, onion, capers on open faced bagel \$7.99

Bacon Egg & Cheese \$4.99

Sausage Egg & Cheese \$4.99

Buffalo Chicken Biscuits \$5.99

Brunch

*Served Fridays 10-2. In season only.
Choose 1 \$7.99*

Shrimp & Grits- Carolina shrimp atop creamy grits topped with chopped bacon & cheddar

Stuffed French Toast- stuffed with cream cheese & strawberries & baked to perfection

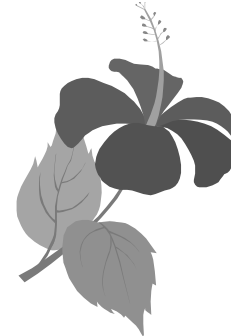
Bueno Breakfast Burrito- scrambled eggs, cheddar cheese, red pepper, bacon, onion, & jalapeno rolled in a garlic herb tortilla

O'eufs Benedictine- Classic eggs benedict- poached eggs atop an English muffin, with ham and hollandaise

Fruit Plate- seasonal fruit served with sweet cream cheese dip & a croissant

Ask to see our champagne cocktail menu.

Save room for Edy's hand dipped ice cream.



Kaia's Kitchen & Market

252-986-2024

56910 NC Hwy 12

Hatteras Village

Stowe on Twelve Shops

Dine In or Carryout

Hours of Operation

In Season: Mon-Sat 10am-5pm

Sunday 10am-3pm

Off Season: Tues-Sat 11am-3pm

Sunday 11am-2pm

Closed Mondays

*Breakfast Sandwiches ~ Hot Subs
~ Wraps ~ Salads ~ Homemade
Soups ~ Pasta Salads ~ Potato
Salad ~ Vegetarian ~ Ice Cream ~
Smoothies ~ Milkshakes ~
Organic Coffee ~ Tazo Teas ~
Fresh Baked Goods ~ Deli Meat &
Cheese By the Lb. ~ Party Platters
~ Microbrews ~ Wines ~ Seasonal
Entertainment ~ Catering ~ Gift
Certificates ~ Green Restaurant*

Www.kaiaskitchen.com

Acoustic Mon- days

7-10 pm

Live Music. Food &

Sushi Tuesday

5-8pm

**Ordering early strongly rec-
ommended.**

**Request menu or see
online**

Open Mic Thurs- days

7-11pm

**Live Music. Food &
Drinks.**

Special nights are in season only

Starters

- Hummus w/warm pita wedges \$4.99
- Blue Crab Dip w/bagel chips \$5.99
- Spinach & Artichoke Dip \$5.99
- Sweet Potato Fries w/yogurt dip \$ 3.99

Soups & Salads

~Soup of the Day~

~Chili~

Cup \$3.29 Bowl \$6.49

House Salad- romaine, baby spinach, tomato, onion, cukes, croutons, cheese.

Add grilled chicken, tuna salad, or chicken salad \$2

Sm. 3.99 Lg. \$5.99

Classic Caesar

Add chicken \$2

Sm. \$3.99 Lg. \$5.99

Greek Salad- romaine, baby spinach, tomato, onion, red pepper, feta, pepperoncini, Kalamata olives, balsamic vinaigrette \$7.99

Antipasto Salad- romaine, baby spinach, ham, pepperoni, mozzarella, tomato, onion, banana pepper, cukes, balsamic vinaigrette \$7.99

Sides

4 oz 8 oz 16 oz

Potato Chips	.79		
Dill Pickle	.99		
Cole Slaw	.79	1.99	3.99
Pasta Salad	.99	2.99	5.99
Rosemary Potato Salad	.99	2.99	5.99
Fruit Salad	.99	2.99	5.99
Hummus	2.49	3.79	7.49



Build Your Own Sandwich

(Served with chips, pasta, slaw, or potato salad) \$7.99

Meats

- Ham
- Turkey
- Smoked Turkey
- Roast Beef
- Corned Beef
- Salami
- Pepperoni

Cheeses

- Provolone
- Swiss
- White American
- Pepper Jack
- Cheddar
- Mozzarella
- Feta

Salads & Spreads

- Tuna Salad
- Chicken Salad
- Chix Almond Grape
- Hummus
- Spinach Artichoke

Breads

- Sourdough
- Multigrain
- Sub Roll
- Garlic Herb Wrap
- Croissant

Toppings

- Romaine
- Tomato
- Red Onion
- Baby Spinach
- Cucumber
- Red Pepper
- Banana Pepper
- Jalapeno
- Pickle

Condiments

- Mayo
- Yellow Mustard
- Grain Mustard
- Horseradish Cream
- Honey Mustard
- Ranch
- Balsamic Vin
- Strawberry Vin
- BBQ Sauce

Add avocado or bacon .99

Xtra meat \$1.49/
Xtra cheese \$.99

Specialty Sammies

(Served with choice of chips, pasta, slaw, or potato salad) \$7.99

- #1 Berry Turkey Wrap- smoked turkey, provolone, strawberries, onion, baby spinach & strawberry vinaigrette in garlic herb wrap
- #2 Chicken Cordon Bleu- chicken, ham, swiss, tomato, romaine, & honey mustard on sub
- #3 Turkey Cuban- turkey, ham, swiss, sliced pickles, & grain mustard served heated on a garlic butter roll
- #4 Green Goddess- cream cheese, cukes, avocado, tomato, onion, spinach, balsamic vin on multigrain
- #5 Chicken Almond Grape Wrap- chicken almond grape salad, red pepper, tomato, onion, baby spinach, romaine, & balsamic vinaigrette in a garlic herb wrap
- #6 Italian- ham, salami, roni, provolone, tomato, onion, romaine, banana pepper, & balsamic vin.
- #7 Spicy Turkey Jack- smoked turkey, bacon, pepper jack, tomato, romaine, & mayo on a toasted sub

Other Stuff

Served with potato chips

Club \$7.99	MJ's Reuben \$7.99
B.L.T. \$6.99	Grill'd Cheese \$4.99
P.B. & J. \$3.99	Chick. Fingers \$4.99
French Dip \$7.99	BBQ w/Slaw \$7.99
Hot Dog \$2.49	Carolina Dog \$3.99
Add chili \$1	dog w/chili & Slaw